## Romsey Golf Club Women's Report

**June 14th:** Denise played in the Kyneton 4BBB partnering the women's captain and winning the women's division. She found the course suited her left hand play and really liked the greens.

**June 18<sup>th:</sup>** With the weather still holding out the 2<sup>nd</sup> round of the Singles Knockout was contested with Elaine winning 112/33/79 with only 25putts.

**Monday 23rd:** Was the WGDD Foursomes. Lorraine and Wendy left in the dark and drove through rain most of the way to Strathbogie. They arrived to find players huddled around the fire not wanting to play. Much to everyone's relief the match committee decided to postpone the compuntil September and hopefully better conditions and weather.

Wednesday 25<sup>th:</sup> Stableford and secret partner was played. Elaine and Leila won with 64pts. The course was in very good condition despite recent heavy rain, with just a few small branches lying around due to the winds.

Saturday 28<sup>th</sup> was Monthly Medal. A few crazy women braved the wet windy conditions. Elaine was warm and dry, sharing Bruce's cart, Kath froze on her scooter and Lorraine who was walking fast to try and keep warm ended up a bit wet. Kath won 107/25/82 and putts Lorraine 28.

Wednesday July 2<sup>nd</sup>: With a cool start before the sun broke through, the Captains Par 3 layout was played providing great approaching practice. The fun day was

challenged by some miserable tee placements making for difficult shots. Beryl won with 40pts (the break must have been good) and Neryl-Lea second with 36pts.

Wednesday 9<sup>th</sup> saw some good commonsense and play was cancelled in favour of a cuppa and chat in the clubrooms. (Our mothers told us not to play in the rain). Wednesday 16<sup>th</sup> was also looking poorly but we braved the elements and played foursomes in cold dry conditions. The course is still dry with really good grass cover. Kath and Beryl won.

Recipe of the Month:

### Oven baked risotto

2 cups pumpkin diced

- 1 cup arborio rice
- 1 onion finely diced
- 2 1/2 cups chicken stock
- 30g butter chopped
- 2 tbsp parmesan cheese grated
- 2 tbsp fresh parsley chopped
- Salt and pepper

Preheat oven 180 c. Place pumpkin, rice and onion into a large ovenproof dish. Blend in stock, top with butter and cover. Bake for 30 to 40 mins or until pumpkin and rice is tender. Check every now and then to make sure you don't need more stock. Stir in cheese, parsley and seasoning just before serving.

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# THE ROMSEY RAG

**Issue No. 328** 2070 copies produced each month at Romsey Primary School as a service to our community and proudly supported by the Macedon Ranges Shire Council

August 2014

THE AUGUST EDITION OF THE ROMSEY RAG IS PROUDLY BROUGHT TO YOU BY

- Armonia Music Academy -



The closing date for copy for the September 2014 edition of the Rag is August 15th. We cannot guarantee inclusion of copy received after this date.

Please email your copy to the Romsey Rag email address: romseyrag@romseyps.vic.edu.au

We require submissions to be in <u>Word document format</u>, and for graphics to be in <u>Jpeg format</u>, as we cannot guarantee that we can open or print other formats. Please also ensure that you have permission to use photographs of people included with your article.

THE ROMSEY RAG IS PROUDLY PRODUCED AT ROMSEY PRIMARY SCHOOL AS A COMMUNITY SERVICE

## **Editorially Speaking**

Romsey Rag Editorial Committee: Joan Gibbs, Robyn Moore

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Printing: Robyn Moore, Colin Miller

Bernie Carter / Kylie Pyne

Advertising /Sponsorship: Romsey Primary School 5429 5099

Collation Team Co-ordinator: Joan Sparkes—5429 5848

### Contributions:

Articles should be left at the Romsey Post Office (fax 5429 5134) or Romsey Primary School by 12 noon on the 15th of the month.

We prefer articles to be submitted electronically or on disc. Legible typed or handwritten items may be accepted. All material submitted for publication must be named and have contact details.

Articles can be sent via e-mail to: romseyrag@romseyps.vic.edu.au

Please ensure that any text is sent as word documents and logos / photos are sent as .jpg files.

Views expressed are not necessarily those of the Editorial Committee. All contributions remain the responsibility of the author.

### Advertising:

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### Cheques must be made payable to Romsey Primary School Station Street, ROMSEY 3434

### **Distribution:**

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### Romsey Rag Publication Deadlines 2014

Edition	Closing Date for Copy	Collating Date
September 2014	Friday August 15th	Thursday August 28th
October 2014	Wednesday September 10th	Thursday September 25th
November 2014	Wednesday October 15th	Thursday October 30th
December 2014	Saturday November 15th	Thursday November 27th



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### Romsey Golf Club -Men's Report

http://romseygolfclub.net

### Saturday July 12th - Ambrose

With some rain early in the week and steady rain falling all day Friday the course was again very wet. Casual water had pooled on a few fairways and on some greens. The day began cold but clear however mist, steady drizzle and drifting rain all fell as the round progressed. The Ambrose event allowed players to take a few more risks than usual and in some instances this paid off seeing teams putting for birdie. The wet greens forced all players to "putt with conviction" or risk ending well short of the hole. The cold, wet afternoon again saw players often well short, none more so than on the par 3s where no-one was able to hit any of the greens. On a very varied afternoon the results were:

Winners: Andrew Laing/Dave Muller/ Michael McCarten - 76/11.3/64.6 from Les Gaunt/Tony Freeman/Jim Patton -73/7.3/65.6

### Saturday July 5th - Stroke

An excellent field turned out for the afternoon round, this despite the steady drizzle, the north-westerly wind and the very wet rough and fairways; Preferred Lies - handspan - through the green were granted. During the round there were brief periods of dry weather but the sun was never able poke through the grey skies. Once again the cold air, the soft fairways and the wind saw many players well off line or well short of their intended landing zone. As the afternoon progressed water began to pool on a few greens adding to the challenge of the day. As with last week a few players put themselves into good positions during the round but there was only one who could "hold it together" for the complete 18 holes. On a wet and windy afternoon the results were: Winner: Rob Rea - 89/17/72

NTPs: 1st - John Freestone. 15th -

John Freestone & 16th Bob McLen-

### Saturday July 28th - Monthly Medal - hold, others again found themselves Stroke & Putts & 4BBB Final

For a 2nd time this year the women joined the men for a Monthly Medal round. The field assembled with gusting northerly winds and a light, misty rain falling. During the round the wind moved to the north-west and back a number of times and the mist moved to Winner; Les Gaunt (6) 33 pts from a steady drizzle but the final four holes were played in unrelenting, heavy rain. It was a very cold, wet group of golfers who headed to the rooms for a warm pie, a quiet drink and a chat. The round of the day came from Les Gaunt. A number of others looked good during the afternoon but the wet course, the cold air and slippery grips saw them fall away. The final of club's oldest shield, The Ampol/W E Tom 4BBB was also played. This match was always going to be hard fought

Winner and June Medalists: Les Gaunt 79/6/73 and Kath Jekabsons -107/25/82

and the harsh weather really tested

both teams. On a very difficult

day the results were;

NTPs: 15th - Dave Muller Least Putts; Les Gaunt - 22 and Lor-

raine Robb - 28 Ampol/W E Tom 4BBB Final

Bob McLennan (0) & Mal Mottram (3) D Pat Chisholm (2) & Jim Patton (10) -2/1

### Saturday June 21st - 4BBB Semi Finals & Stableford

The 4BBB semi-finalists and the stableford field hit off with light drizzle falling on an already wet course. During the round the drizzle regularly changed to misty rain and then back to steady drizzle. Overnight rain also made for a few very soft greens. Once more softer fairways and the colder air saw many shots dropping short causing some tricky chips and pitches to the green. A number of players had

learnt from last week and fired as close as possible to the flag safe in the knowledge that the greens would with numerous long distance putts. The two 4BBB matches were quite a contrast. One finishing early and the other going down to the final hole. On another challenging day the results were:

Stableford Results:

Rob Rea (17) 32 pts

NTPs; 15th - Rob Rea & 16th - Les Gaunt

Ampol/W E Tom 4BBB Semi Final results were:

Jim Patton/Pat Chisholm **D** Steve Poulton/Anthony Lakey - 8/7 Mal Mottram/Bob McLennan **D** Andrew

Laing/John Moody - 2/1 The 2014 Ampol/W E Tom 4BBB Final will be; Mal Mottram/Bob McLennan Vs Jim Patton/Pat Chisholm. The final will be played on, or before, July 5th

RGC is pleased to announce that we have received a \$1,500 grant from the MRSC. This grant comes from the "Community Funding Scheme" and will be used to purchase and install a data projector into the Golf & Bowls clubrooms. We would like to thank Romsey P. S., Ted Freeman (Scouts District Commissioner), John Laing, Peter Scanlon, Kevin Dunn & Denise O'Meara who all wrote letters of support for our application. Our thanks also to MRSC, their efforts to support community groups is greatly appreciat-

At long last re-cycled water is on its way to the golf course. Western Water is providing an initial grant of \$15,000 to purchase and install water storage. They will provide more funding over the next 12 month All installation works such as laying and connecting piping, installing sprinklers and control boxes and building security fencing and a pump shed will be carried out by members of the golf club.

### VICTORIAN MINISTER FOR HEALTH VISITS KYNETON DIS-TRICT HEALTH FOR PALLIATIVE CARE SUPPORT SERVICE

The Victorian Minister for Health, the Hon David Davis visited Kyneton District Health on Thursday 9th July to speak with patients and staff about local needs and our new palliative care support service.

The hospital now has two respite care beds available for anyone in the Macedon Ranges who needs palliative care. Respite is available for anyone who is suffering a life-limiting illness and who is being cared for

Respite care is planned so caregivers can take a break for a few days whilst knowing their family member is well looked after in a comfortable and safe environment.

Anyone with palliative care needs and their carers are welcome to discuss this service with their doctor, their visiting nurse or just ring the hospital on 5422 9900 to talk about their needs and how we can help.



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# Hesket is Totally Wild!

Totally Wild, the children's television program visited Hesket Primary School on Tuesday 15<sup>th</sup> July. The whole school was involved in showing presenter Natalie Hunter how they skip and why the Skipping Demon-



stration team members are the current Victorian State Champions

Natalie and her film crew spent the day at the school filming different aspects of the team's work. Team members were interviewed and gave instructions on how to become a great skipper. When asked, "What do you do if you make a mistake?" team member Sam Williams answered, "You just keep smiling and act as if it didn't happen."

While the team was being filmed the other students were busy in the school's kitchen preparing a lunch for the visitors. On such a cold day hot pumpkin soup with savoury scones and egg sandwiches were really appreciated.

The program will be shown on channel 10 in 6 to 8 weeks time and everyone is excitedly looking forward to watching it.

### Cyclists: Light Up the Road

Bike Safe Macedon Ranges winter visibility campaign asks cyclists to Light Up the Road. The campaign is sponsored by Gisborne & District Community Bank community grant and Macedon Ranges Signs. It was created in response to requests from both cyclists and motorists, following feedback from an on line safety survey Bike Safe recently conducted.

Cyclists can increase their visibility by wearing clothing that stands out against the road during the day and by wearing reflective clothing at night. Front white light and rear red light clearly visible for at least 200 metres are legally required at night and in poor visibility conditions: lights in these conditions significantly increase cyclists' safety.

Bike Safe also encourages cyclists to use a rear red flashing light day and night to increase their visibility on the road. Motorists should expect to see cyclists on any road in our region, they could be in the next round-

about, at the next intersection and around the next bend. Look for cyclists and see them, their safety depends upon motorists being alert to their presence.

Margaret Douglas

President

Bike Safe Macedon Rang-



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# **ROMSEY PRIMARY SCHOOL NEWS**



**Celebrating 100 Days of Prep** 

Thanks to our prep parents the 100 Days of
Prep celebration started with the special red
and black banner decorated to mark the occa-

sion. The students wore crowns saying "100 days of being smarter" and enjoyed running through the banner, blowing bubbles and sharing the cake. In their classrooms they coloured a 100 word wall, recorded 100 dots on a paper plate and wrote a recount of the events. They certainly demonstrated how smart they were with detailed descriptions and clever spelling of difficult words. Congratulations to all our preps that have made amazing progress with their learning.



### **Division Football**

Our football team won the Cobaw district competition and travelled to Bendigo for the divisional competition. They competed to a high level winning most of their matches and lost against one team by only 1 point, meaning they just missed out on progressing to the next level. Thank you to John Carter and Karren Baker for coaching and well done to all of our players who tried their hardest. The mixed netball team has qualified for the division level, however their event was postponed due to poor weather.

### **Green Heroes**

Our Green Heroes have been meeting regularly and their main focus has been on reducing energy costs. The have put signage next to all light switches to remind everyone to 'switch off' and regularly take lumen readings to make sure classes have the correct amount of light and temperature readings so rooms are at the recommended temperature for learning. This month a group of Green Heroes will be conducting an Energy Audit with Planet Savers and will be reporting to their classes, parents and teachers on their findings.

### **National Tree Planting Day**

Our three gardening groups participated in National Tree Planting Day. Planet Ark organised this event and reported that over a million native trees and shrubs were planted throughout Australia. Our students planted 100 trees, 50 Acacias and 50 Hakeas on the west side of the new oval. The trees were supplied by the Department of Environment and Primary Industry and subsidized by the Victorian Government. As part of the biodiversity module of the ResourceSmart program we continue to extend the number of

trees and shrubs in our grounds to increase habitat for birds, insects and small mammals.



#### ICT

At Romsey Primary School we are always seeking to be up to date with the latest technology. This term our years 3 – 6 students are participating in a trial using a software program called 'Stile'. This program allows students to access their homework and any other task set by their teacher on any device from 'the cloud'. Their homework is set by their teacher and students can do it at any time from home and once submitted the teacher can give feedback at any time. Students are then able to make changes or improve their work if suggestions are made.

### **School Tours**

Wednesday 6<sup>th</sup> August

Thursday 21<sup>st</sup> August

Wednesday 3<sup>rd</sup> September

Thursday 18<sup>th</sup> September

at 9:15am

All welcome



Meet at the front office and take a guided tour of our wonderful facilities and see our students in action.

Please call 54 295099 to register for a tour or call into the school office.

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### Free service helps people to feel safer at home

If you live alone, are concerned about your personal safety or were too be involved in a personal emergency while you are away from, the Macedon Ranges Community Register may be able to help.

The Community Register is a free service provided by Macedon Ranges Shire Council and local police, and is available to older people, those with a disability or who are frail. It is of particular value to those who may have little opportunity to get out in the community as it offers a weekly or fortnightly phone call by a trained volunteer.

Members receive an identification card that fits into their wallet or purse and are encouraged to carry this with them when they leave home. This will help emergency services locate next of kin if the member is involved in a personal emergency.

Being a member of the Community Register does not guarantee evacuation in an emergency—members need to formulate their own emergency plans with family, neighbours and friends. However the register can assist by providing resources to members such as the CFA Fire Ready Kit. Throughout the year, the Community Register circulates a newsletter to members. This provides information about staying safe and comfortable at home. The CFA also provides replacement smoke detector batteries free of charge to the Community Register for distribution to members on an annual basis. If you would like to know more about the Macedon Ranges Community Register, visit mrsc.vic.gov.au/community-register or call 5422 0218.



# Women Gathering in Friendship

Enquiries: -

Email: fo@rrwn.com.au

Tracey (President) 0416 497 623 Natasha (Secretary) 0421 289 137 Hannah (Treasurer) 0401 085 125 Our group aspires to connect women in our rural communities in a warm & welcoming environment. It's a great way to meet new people in the area & have some laughs.

WHERE: Sicilian Vespers, 119 Main Street, Romsey WHEN: Thursday 21st August TIME: 7.00pm

We meet on the 3<sup>rd</sup> Thursday of each month to give women an opportunity to take some time out from their busy lives of an even-

ing and stay connected.

Please come join us for a glass of wine & a chat!



Romsey Rag Contributors Please Note:
Submissions for the October edition of the Romsey Rag must be received no later than Wednesday September 10th. Items received after this date will not appear in the October edition of the Romsey Rag.

Encourage Church - Romsey & Woodend

Office: 7 Mitchell Court Romsey; Ph (03) 5429 6327

Email: <a href="mailto:encouragechurch@iprimus.com.au">encouragechurch@iprimus.com.au</a>

Web: www.encouragechurch.com.au

Pastor's Parables BE ENCOURAGED!



### Working Our Way To Heaven

Three men were being chased. Suddenly, they came to a cliff top with the ocean waters far below. Seeing the moon shining brightly in the night sky, they agreed that if they could jump to the moon, they would be safe. The first man, a cripple, hobbled as fast as he could and leapt from the cliff. He jumped less than a metre before he fell screaming to the jagged rocks below.

The other two men agreed that he hadn't jumped far enough. So the second man, of average fitness, took a running leap. He flew out five metres before he, too, plummeted to the jagged rocks far below.

The last man, the strongest of the three, decided he should take an extra-long run-up to reach the moon. So, at great speed he leapt from the cliff. He soared through the air with outstretched arms in order to reach the moon, but he, too, fell short and plummeted screaming to the jagged rocks below. He had leapt an impressive eight metres; however, he didn't realize that the distance to the moon was 221 463 miles.

The distance between our correctness and moral goodness (righteousness) and God's is greater than the distance between the earth and the moon. It is the distance between imperfection and perfection; the finite and the infinite; the east and the west. It would be easier for us to jump to the moon than work our way into Heaven. No matter how moral or how many good deeds we have done, we will always fall short. If we could earn our own salvation, Christ died needlessly on the cross. We are only saved through faith in Christ and the fact that he died in our place, not by our meagre good deeds. As Ephesians 2:8-9 states, 'For by grace you have been saved through faith and that not of your-selves; it is the gift of God, not of works, lest anyone should boast'.

The big question now is do we accept God's gift or try to leap into Heaven by our own merit? (Romans 3:23)

If you would like to know more about faith in Jesus please contact Pastor Marilyn or our Church office Ph 5429 6327

We would be happy to help you find true peace and joy in life.

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10am at 7 Mitchell Court Romsey | 6pm at Woodend Community Centre
Or one of our fortnightly Life Groups. Fortnightly Youth events and weekly Children's programs.
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Pastor Marilyn Hunter - "ENCOURAGE CHURCH"



### DEEP CREEK LANDCARE GROUP

Covering Lancefield -Romsey Districts

On Thursday 19thJune members of Deep Creek Landcare attended the field day with Melbourne Water and Salesian College where approx 600 trees were planted.

On Friday July 25<sup>th</sup> members will be helping plant at Lancefield Primary School for school world tree day.

Deep Creek Landcare has made a donation of \$500 to Macedon Ranges Indian Myna Action Group toward more traps for the area mainly in Romsey and Lancefield.

Next meeting will be 11<sup>th</sup> August and then 8<sup>th</sup> September in the annex at the Mechanics Hall, Lancefield at 8.00pm All welcome

Contacts: President: Robin 0428 315 846 Secretary: Ken 0404 886 580

email: ken.allender@bigpond.com Website: www.deepcreeklandcare.org.au

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### FILM SOCIETY LOOKS FOR HARRY LIME

What really happened to Harry Lime? That's the question asked by Holly Martins in the 1949 film The Third Man. In Allied-occupied Vienna, he looks for Harry only to find that he has been killed by a speeding car days before Holly's arrival in the city. When it is suggested to Holly that he leave town, his suspicions are aroused. Splendid performances by Joseph Cotten, Alida Valli, Orson Welles and Trevor Howard add to tense atmosphere of this film. Some 15 years after the Third Man was made, a French musical film called The Umbrellas of Cherbourg lit up the screen. Directed by Jacques Demy and starring Catherine Deneuve, the story revolves around Madame Emery and her beautiful 16-year-old daughter who sell umbrellas from their tiny boutique in the coastal town of Cherbourg in Normandy. Of course, there is a hero and he is young and dashing and handsome, but the path to happiness for our lovers is not always smooth. The film's music was written by Michel Legrand and all the film dialogue is sung.

The Macedon Ranges Film Society meets on the second Wednesday of every month at 7 p.m. in the Woodend Community Centre. Film notes are provided and for those who wish, there is supper, kindly supplied by members, following the screening. MRFS is a membership-based club so that first contact must be made by emailing

mrfilmsociety@gmail.com or by phoning Lorraine on 5427 0921 or Christine on 5429 5452.

Submitted by Christine Caley.



Romsey Region Business and Tourism Association (RRBATA)

UPDATE

### Lone Pine Ceremony

At the time of writing, preparations were underway for the Romsey Lancefield RSL's plaque commemoration ceremony to be held on Monday 4<sup>th</sup> August 2014 to coincide with the centenary of the commencement of World War I. RRBATA has committed to illuminate the plaque and facilitate signage. RRBATA has also secured the much appreciated services of the Romsey branch of the CWA to cater for the luncheon after the ceremony. A full report will be in the September edition of the Rag.

### Romsey Online

Discussion between RRBATA and Lancefield Neighbourhood House continues around RRBATA's upgrade of the Romsey Online



(www.romsey.org.au) website in conjunction with Lancefield's website development. This will enable some sharing of back end information whilst both separate sites have a flavour specific to their own town. It is hoped this will be beneficial to both local community members as well as prospective regional visitors.

And don't forget, ANYONE CAN BE A REPORTER! Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news". Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at info@romsey.org.au.

### Membership Enquiries:

Wendie McLaughlin (Acting Secretary) Phone: 0408 360857 Email: wendie@mclaughlincb.com



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# **Romsey Kinder** News

Welcome back to Term 3. Hope everyone enjoyed their holidays. Lots of ex-

citing things are happening this term

including the first transition visits to school for the Wattle and Acacia classes and Kinder Photos in August and September.

We had a successful Term 2 with some great fundraisers. We also raised \$110 for the Juvenile Diabetes Research Foundation by wearing our crazy hats. Thankyou to all the parents who support the kinder through different fundraising activi-Just a reminder from the teachers that Kinder starts at 8.30am (Acacia) and 8.45 (Wattle and Jacaranda). Please endeavor to arrive on time so your children don't miss out on important learning. Thanks.

This year Romsey Kinder will be holding a raffle. Tickets are \$2 each and will be drawn at the Trivia Night on the 18<sup>th</sup> of October. Tickets will be sent home with each child in the coming weeks to sell to family and friends.

1<sup>st</sup> Prize – Rocking Horse 2<sup>nd</sup> Prize – Doll House 3<sup>rd</sup> Prize – Toy Box

We would like to thank the Lancefield Men's Shed for their generous support of the Kinder in making these lovely prizes for us.

If anyone is still to pay their incursion money could this please be paid by the end of July to enable the teachers to plan their programs for the rest of the year.

### **Bunnings Sausage Sizzle**

Trivia Night 18<sup>th</sup> of October

Book Club due back 30-7-14

Jeans for Genes Day 30<sup>th</sup>, 31<sup>st</sup> July and 1<sup>st</sup> August

Thank you to everyone who helped on the day and who came and bought a sausage. We sold a fantastic 38kg of sausages and raised \$1208 for the Kinder.

We would like to thank the following local businesses for their generous donations in support of this important fundraiser for Kinder: Hardwicks Meats, Kyneton Romsey Fresh Wholesale **Coles Woodend** 



# <sup>6</sup>*Bolínda & Monegeetta*News

### AND THE WEATHER...and gardens and all!

195pts for June and in these early days of July we can feel that winter is with us. It is starting to get a bit sloppier underfoot and the winter coats and woollies are starting to get a good airing! Still the year is rolling on - the lambs are growing, birds gathering nesting materials, the first daffodils are out - picked this one up on out last Garden Club trip to Ballarat- 'Rijnveld's 'EarlySensation'- and it is a bright golden delight! And the days are already lengthening - just a few minutes difference in sunrise/sunset but it's very noticeable in the evenings; the turning of the year is well on its way. The oaks in the drive are a wonderful tawny gold; it is such a pleasure to have the time to appreciate the later turning leaves, after the frantic autumn colours that seem to come - and go - so quickly. Already many of the deciduous trees are budding and the pear already has some flowers. But the season surely belongs to the wattles, especially the glorious Cootamundra. You can see that I'm not a purist in the garden; I love trees and shrubs from anywhere in the world (though in the bush and our forest areas its different.)

### HALL COMMITTEE:

HISTORY: From the Minute Book. It is fascinating to see how the local committee encouraged attendance at meetings and the taking of turns for various activities, thereby attempting to ensure, I suppose, that membership remained a privilege. I'm sure that many of today's hard-working committees would like some tips on attracting and retaining members and ensuring that they contributed! Thus, on Friday, May 1<sup>st</sup>, 1914, "The Secretary informed the meeting that it was the turn of Messrs Lloyd and Brady to prepare for next entertainment". In the Annual Report that year there was much talk of 'your Committee' s decisions and there was accountability for the Committee with the publishing of attendances at meetings thus: 'Messrs Brady + Tarratt, 12, Mr Clarke 11, Messrs Lloyd + Amess 10, Mr Stewart 8, Mr Martin 5, Mr Love 1'. I think that by this time Mr Love had left the district, otherwise he probably would have had to, with such a poor attendance record! The ladies got glowing reports, wisely and rightly so as they not only provided the 'plates' at all entertainments, but had raised the enormous amount of 117 pounds with their Bazaar. 'The Committee feels that it must here express its thanks to the way in which the ladies worked, for it is to them that the whole of the success is due. It is a matter of congratulation to note the spirit of harmony that prevailed at that time, each sinking his (sic!!) own desires and working solely for the good of the Hall.'

### BOLINDA HALL(Melways 610 J9; cnr Mullaly's and Melb-Lancefield Road): Don't forget our community hall is available for hire at very reasonable rates. We want to see it used. That's why it was built! Great for adult or children's parties with lots of safe outdoor space available. Excellent for corporate functions, with DVD/TV/data projection available.

BOL-DARRA (Bolinda-Darraweit) GARDEN CLUB: We had a very cold day for our trip to Ballarat, but the hardy souls who ventured there had a great day. The Botanic Gardens (signposted the 'Lake Gardens') are a superb example of the generosity and dedication of the original pioneers, augmented down through the years by the foresight of governments and the hard work of volunteers. Do take the time to enjoy these unique features in many of our older towns; they are wonderful islands of timeless appeal in a busy world. The Ballarat Gardens feature the most stunning mile-long avenue of Sierra Redwoods (Sequioadendron giganteum, the world's largest tree in terms of total volume). They are also called the Mammoth Sequioa, because of the way the lower branches curve upwards like a mammoth's tusk. There were many other wonderful trees to admire (the enormous Euc globulus or the Bunya Bunyas, Californian Redwoods for starters!) along with a great range of winter flowering Salvias and Camellias and some perfumed delights. The statues alone are worth a visit -and we didn't get time to see the fascinating wetlands development. Lunch at the LakeView Hotel was a very agreeable and cosy time; overlooking the wild

weather on the lake while we had a tasty meal was a very pleasant sensation! Fortified with good food and company we headed off to Lambley Nursery, (set in the amazingly fertile plains around Ballarat, the farmer in John was a bit envious) and had a wonderful tour with owner David Glenn. He has developed such a unique garden and talks so passionately about his plants and plans that it is a sheer pleasure to listen to him. John enjoyed this infectious enthusiasm more than any other feature of the day (well, maybe not more than lunch). It was a real eye-opener to see the work involved in keeping Lambley at its best - soil cultivation, pruning, planning, planting (6000 tulip bulbs in one relatively small area!) There was an enticing range of plants to purchase - not available anywhere else. The early flowering daffodil is a little gem, lots of the delightful 6inch high Iris reticulata and my favourite fancy-flowered oreganos. A great experience all round.

You are always welcome to join us. We generally meet on the last Saturday of the month at Bolinda Hall at 1:30 for a chat and brief discussion session...and then we move off on our garden visit about 2:00. (Phone us first, if you haven't been before; we sometimes start earlier).

### PEOPLE OF THE MONTH:

We've been so impressed with the great volunteering spirit of BlazeAid – as mentioned lots of times previously! There are many free-givers in our communities - but so often we tend to give our time where our interests lie—in the arts, or gardens, or sport, etc. BlazeAid reminds us that we can give to a wider community, a wider vision of what Australia could be like. The truly remarkable people who spend weeks on end volunteering with BlazeAid show what that spirit can achieve, by galvanising local communities. Most of us in this area got such a graphic reminder of the nearness of tragedy and disaster this past summer, that we must be so thankful to the work of the emergency services, particularly the CFA, and the ensuing, ongoing legacy of BlazeAid to assist to restore the property and spirit of many who suffered most significantly. Now those BlazeAid centre leaders are packing up from our area - and that is an onerous and timeconsuming task in itself – and the many, many items of equipment will be stored by Rhonda and Kevin Butler until the summer. It would be such a pleasure to think that there would be no need for BlazeAid assistance in Australia this summer, but realistically, looking at the challenges of the last years..! SO - TO WIND-UP OUR BLAZEAID CHATS, THE FOLLOW-ING IS A LIST OF THE WONDERFUL PEOPLE WHO HELPED WITH THE BOLINDA COMMUNITY'S BLAZEAID SUPPORT IN PREPARING MEALS. There's always a danger in making a list like this that some deserving person will be omitted; I'm seeking forgiveness in advance if I have dropped someone off the list! There were other helpers working in the fields, and many of our volunteers were not from Bolinda-Monegeeta, but further afield. We know the local service clubs – Lions, Rotary, Seniors, etc did a fantastic job, as did other individual families. And there is no differentiation in the following list – some assisted just once, others donated money and other assisted as often as possible and rang in to volunteer. WE JUST WANT TO SAY TO YOU ALL- THANKS FOR DOING YOUR PART!!! THERE WERE MORE WILLING TO HELP - ESPECIALLY SOME FROM OUR LOCAL SCHOOLS - SO THANKS ALSO IF YOU WERE IN THIS GROUP.

Jenny Campbell, Wendy and Tom Christensen, Beryl Dettmann, Cath and Terry Fisher, John and Ruth Green, Anne, Jenna and Danny Honeychurch (Mastercut Meats), Tonia, Glenn and Emma Rose Langdon, Mary McDaniel, Margaret McIntyre, Jill Peake, Elizabeth and Brian Penny, Carole Reffold, Margaret Tarrant, Jenny Yewers. Thanks!

'Bye for now John and Ruth Green 54 285 347; 0415 256 911; jandrgreen@hotmail.com

### SAVE Your MEMORIES To DVD



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P<sub>555</sub> Have you heard about 2 Dogs Walking?

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# Operation Christmas Child

How much of the following do you think you could pack into a shoebox?

Pair of shorts, t-shirt, undies, 2 exercise books, pencil case (with biros, grey lead pencils, coloured pencils, felt pens, pencil sharpener, rubber and a 15cm or fold up ruler), cake of soap, a face washer, a comb and toothbrush, a tennis ball, a windup torch and a soft toy.

Answer – **All of it** - with all packaging removed and careful arranging.

The Romsey & Lancefield Uniting churches, The Romsey Walking Group, together with friends have been packing shoeboxes for Operation Christmas Child for several years. Last year 96 packed boxes were sent for distribution to children in Cambodia, Fiji, Papua New Guinea and Thailand. In 2013, 316,323 shoeboxes were shipped from Australia and New Zealand to 7 countries, those already mentioned plus Vanuatu, Samoa and Vietnam.

Are you interested in helping either by packing a box, donating goods (new), money (each box also requires \$9 for shipping) or by sewing?

For further information, & pre-printed shoeboxes contact: Leonie – 5429 6414

Jay - 5429 6163

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### **Kyneton Hospital Birthing Unit**

Kyneton hospital birthing unit is opening its doors on Thursday, August 7<sup>th</sup> at 7pm to hold a maternity supper meet and greet. The evening is to give pregnant women a chance to meet their local midwives and to talk about options for care during pregnancy and childbirth.

Kyneton Hospital provides a quiet and safe birthing facility for families from the Macedon Ranges and Hepburn shires and Sunbury.

Community members are invited to come and meet the skilled midwifery team, and find out

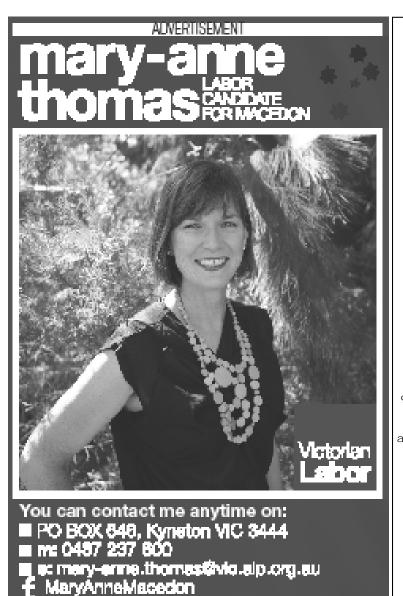
- why a small team approach makes a difference to pregnancy care, birthing and early parenting.
- how midwifery led care leads to low rates of intervention and high rates of normal births.
- How Kyneton Maternity delivers safe care in collaboration with larger hospitals when needed.

The midwives are a small team with over 100 years of midwifery experience. Working with GP obstetrician Dr Tim Stobie, Kyneton maternity service provides individualized care within the public health system. Childbirth and breastfeeding education is provided during pregnancy, with a lactation consultant available for appointments and home visits after birth. Kyneton is accredited as a breastfeeding friendly health service.

Families will also be taken on a tour to see the family centered postnatal rooms, designed so that fathers/partners stay after the birth. Each family stays in a private room after the birth to promote rest, recovery and bonding.

Midwives Frances, Cath. Helen, Sam, Lisa and Elvira are keen to meet expectant families and hear what they would like from their maternity care, and to share the fantastic local service available right here in our own community.

For further information ph 5421 2840 or email eearthstar@kynetonhealth.org.au



@MarvAnneMacedon



Romsey Medical, 99 Main Street, Romsey, 3434. Lancefield Medical, 20 Chauncey Street, Lancefield, 3435. (54 295254 754 296147 doctors@romseymedical.com.au www.romseymedical.com.au

### Romsey Medical Opening Hours

Monday to Thursday: 8.15am to 8.00pm Friday: 8.15am to 6.00pm Saturday: 8.30am to 1.00pm Sunday: **CLOSED** 

### **Lancefield Medical Opening Hours**

Monday to Friday: 8.30am - 5.30pm Saturday: Services through Romsey Medical Sunday: CLOSED

### **After Hours Services**

Between the hours of 8pm and 8am weekdays and 6pm to 9am weekends and public holidays after hours services Health Direct can be contacted on: 1800 022 222

For urgent attention between 1pm and 6pm on a Saturday and 9am to 6pm on a Sunday please call our doctors direct on: 0419 998 088

### Remember:

Romsey and Lancefield can usually offer you on the day appointments - ring early for flexible appointment options.

Bulk billed Quick Clinic appointments are available every weekday at both centres, for urgent/lost repeat prescriptions, re-referrals and some vaccinations.

### COMBINED PROBUS CLUB Of **ROMSEY and LANCEFIELD Inc.** A0042634P

P.O. Box 280. Romsey, Vic. 3434 For Active Retirees

**President: Robert Barry** 

Secretary: Jeni Clampit

5428 5194 5429 5480

### Monthly Meetings are held on the fourth Thursday at 10am in St.Mary's Church Hall, Main Street, Romsey.

Persons interested in this club and wish to have more information please contact the President or Secretary at the above phone numbers.

### Next meeting Thursday 28<sup>th</sup> August at 10am.

- Our Guest Speaker will be Mr. Harry Nanos a local musician. Harry will entertain us with his music.
- The planned outing for 20<sup>th</sup> August is a bus trip to the Medical Museum and Grainger Museum.

### Are you interested in Membership??

We meet once a month and we deal with the normal matters of a club, like correspondence, treasury, and discuss the last outing we had enjoyed, and most important, where

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Saturday, August 2<sup>rl</sup> Saturday, August 2<sup>rl</sup>

2pm

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we are going to next month, a short tour, a long tour, a lunch somewhere. Our monthly meeting always finishes with morning tea, which is followed by a guest speaker with an interesting topic.



A few of our members enjoy 'Ten Pin Bowling' each fortnight at Watergardens (definitely non-serious) followed by lunch at a nearby hotel or club.

We also enjoy a monthly musical/film afternoon at a members home and Friday coffee mornings at a local

If you are retired, or close to retiring, come along and join us and learn more about what Probus can offer you to assist you in staying active.

All we want to achieve is a day of enjoyment and friendship.

Please come and have a look at what we do and who we are.

Please check out our website for information about the Romsey & Lancefield Probus Club rlprobus.org.au



### **Macedon Ranges Running Group**

The time to dust off the running shoes, find your socks and running hat are here. The SRG (Start Running Group) is starting soon, September is the month to start a new way of living. The SRG will take non-runners to 5km in 8 weeks and your first ten 10km run in 13 weeks. All the details are on our website, www.macedonrangesrunningclub.com. Everything you need to know is on the site.

Running is such an amazing way to meet people, get fit and have fun. I love being part of this club. So go online, signup and see what a difference an organized running program can make. Being a member also gives you member benefits and discounts.

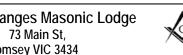
I'd like to give a few tips to those running in winter. The first thing is please be visible, it's so hard to see runners, especially as it's getting dark so early. The next thing is to stretch and warm up. Our bodies are in hibernation at the moment, so doing these things before a run is essential. Also check the tread on your shoes. I nearly fell over on a muddy track today. So plan the route you are going to use. Some tracks are no good this time of year and you need to change where you are running. Oh and don't forget to have fun, that's what it is all about.

# Macedon Ranges Masonic Lodge

Romsey VIC 3434 Contact us at: Ph: 5428 5418 or 5429 6354 email: muddy27@bigpond.com

Meets the 1st Thursday except January Installations—June





Macedon Ranges Masonic Lodge ALL BRETHREN WELCOME



# **Romsey Primary School** Celebrating 150 years in 2015



Were you a Romsey Primary School House Captain in 1990?

Perhaps you were in Grade 4 in

Or maybe you or an ancestor were at Royal Park to welcome the Queen on her visit to Australia in 1977.





These are just some of the hundreds of photos we have at Romsey Primary School that record almost 150 years of educating our community. But we need more! If you have anything you can share from our long and interesting past please let us know!

## Some of our early families....

From our existing enrolment documents, it seems that the children of Henry John Green (possibly 13 of them) were among the very first recorded enrolments at our school in the 20th century, starting with William and Grace in 1906 (this is as far back as we have documentation) until Douglas, the last son, enrolled in 1928. We do not have records of enrolments prior to this time.

Many families have had a long association with the school, through several generations: a few of these families include the Boldiston family, the Carroll family, the Mitchell family, the Forbes family, the Day family, the Quarrell family, the Hemphill family, the Sarson family and the Stammers family (and descendants from these families).

Other family names from many years ago are reflected in the familiar street names around town, for example, Shaw, Ochiltree, Newnham, Knox, Hutchinson.

We need to build on our knowledge of all things associated with the school from the early years.

If you have photos, memorabilia, stories and recollections please contact us on 5429 5099 or email romseyps.150celebrations@romseyps.vic.edu.au

We are especially looking for anything that pre-dates the early 1970s.



# Whole Town Garage Sale

# \$5 Registrations now being taken

Romsey Neighbourhood House's fifth Whole Town Garage Sale will be held on

# Saturday September 13th.

Turn your unwanted goods into Cash And a great way to find some bargains

For more information or to register your participation please contact Romsey Neighbourhood House on 5429 6724 or Call into the House at 96 Main Street, Romsey

(next to the library and the council office).

### \$68,000 Living Libraries grant for Woodend Library

Woodend Library will receive a \$68,000 grant from the Victorian Coalition Government towards a refurbishment which will encourage even more people to take advantage of their library's services and programs, Minister for Local Government Tim Bull announced today. Visiting Woodend Library. Mr Bull was joined by Member for Northern Victoria Amanda Millar and Liberal Candidate for Macedon Donna Petrovich and said a key aim of the Living Libraries grant was to ensure the community has access to 21st century services in a comfortable environment.

"With the refurbishment, split system air-conditioners and reverse cycle fans will be installed, and there will be new blinds and windows for efficient

air ventilation, providing people with quality climate control year round," Mr Bull said.

Mrs Millar said carpet will be replaced and flexible space created, so more than half the library space can be used for school holiday programs, art displays, children's story time and author visits. "The outdoor courtyard, linking the library to the community centre next door, will also be upgraded providing a comfortable outdoor reading area, and free wi-fi access." Ms Petrovich congratulated Macedon Ranges Shire Council on their contribution of \$24,000 in cash and kind towards the project.

Mr Bull said the Woodend Library upgrade was just one of the projects sharing in this year's \$4.8 million Living Libraries grants.

"Over the past three years the \$17.2

million Living Libraries Infrastructure Program has already provided \$12.4 million towards 45 library projects across the state, with more projects funded in this latest round.

The Napthine Government will also provide a record \$39.52 million to support library services during 2014-15, as part of the Public Libraries Funding Program, the highest amount of funding ever provided to our libraries. Libraries will also share in an extra \$1 million for books and materials to support the popular annual children's Premiers' Reading Challenge. Libraries are at the very heart of our communities and it is important state and local governments work with library services to provide efficient and high quality services," Mr Bull said.



Hannah Sutton

If you prefer a more natural approach to healthcare Chinese Medicine is very effective in treating seasona allergies such as hayfever. Acupuncture &/or herbal medicine can help alleviate hayfever symptom during the active seasons but also be employed in the off seasons for preventative treatment.

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16

#### 9



### Romsey Uniting Church

25 Pohlman Street, Romsey. 3434

Church Council Chairperson: Noel Shaw - 5429 5509

Secretary: Jeni Clampit - 5429 5480

You are most welcome to come to the Romsey Uniting Church Services and share in fellowship and worship



At the meeting held on 9<sup>th</sup> July, we had a guest speaker. Errel Gray, a former member of the Romsey congregation, spoke about her time volunteering in Botswana. She was there for 5 weeks

Errel arrived in Serowe on 1<sup>st</sup> March, she was greeted by the staff of the "Central Association of the Blind and Disabled". Errel was able to take 50 white canes (recycled golf clubs) made especially for the blind in Botswana, Brailler and Braille products for teaching and 20 musical instruments for fun. (more white canes have been sent). Errel set up workshops for the blind in orientation, mobility and for teaching Braille.

The Botswanan people are humble, not poor, but they only have what they need. They are rich in culture, tradition, music and religion, and they laugh and sing all the time. They were very enthusiastic and really wanted to learn how to use the white cane and learn how to read in Braille. Errel had made quite a few books in Braille for them.

Errel said her life has been enriched by her experience in Botswana. To help one person is a blessing. To help 50 is an achievement. She made people in the education departments aware of blind people and how the community can assist them. We all enjoyed Errel's talk and were very impressed by her volunteer work in Botswana.

### Psalm 23

Psalm 23 is reassuring. The image of the shepherd guiding, guarding and feeding his flock is comforting. Reading it for the umpteenth time the other day, though, something struck me that I'd never noticed before. The psalmist writes confidently that God guides him in the paths of righteousness, but follows this immediately with "Even though I walk through the valley of the shadow of death..."

Leading me in paths of righteousness sounds great, particularly after the green pastures and still waters bit. But then comes the valley of the shadow  $\dots$ 

The writer, I assume, saw no contradiction between the two. He is saying that paths of righteousness don't always lead to still waters. And having the right religious passport doesn't guarantee trouble-free travel. It's echoed in verse five. "You prepare a table for me ..." but I'm warned that it may be in the presence of my enemies

That "table" isn't a quiet picnic by the lake, when the only dis-

cordant note is the ants on the cake. God provides my needs, but it may well be in preparation for the next part of the struggle. My enemies, says the psalmist, are nearby.

But so is the shepherd; not to make life easy, but to surround me with love, and to give me the strength for the next step forward.

#### Reflection

Lord, there's always a catch, I get hooked on the green pastures and still waters. I could spend my time very nicely lying in summer grass. Content, and if I felt really energetic, I'd open my eyes and watch the clouds sail by, safely, far overhead. That's where clouds should be.

But when those clouds draw thick chill curtains over the sun, their shadows racing over the ground, I shiver.

And when they come down to ground level, my level, shrouding me in mist, I walk a panic path of fear. The still surface of my peace shattered. Rough rippled by the first breath of wind over the water. Are these the paths of righteousness?

I pick my way through, hesitating at every step. Worried that when I move my foot may slip, my ankle twist, and, sometimes, putting out my hand, there's nothing there. Or so it seems. And yet, somehow strength is there. Supporting me. The shepherd takes me high to pasture, over rocky paths. Calling me to effort. I climb, struggling through thorn thickets, the way marked by scraps of wool torn from the fleece of my self-satisfaction. It makes me breathless. But you are there. Counting the sheep. Knowing when I stray. Giving your life to rescue me.

### Services during August, 2014

3<sup>rd</sup> 10am. Ecumenical Service at Encourage Church
10<sup>th</sup> 9am. Worship Service & Holy Communion
17<sup>th</sup> 9am Worship Service visiting Preacher
24<sup>th</sup> 9am Worship Service visiting Preacher
31<sup>st</sup> 10.30am Combined Macedon Ranges Linked
Churches at Mt.Macedon.Service led by Rev.Ann Keyes.

### Other activities during August

6<sup>th</sup> 7.30pm Pastoral Care Committee 13<sup>th</sup> 1.30pm. Uniting Church Adult Fellowship.

21st 7.30pm. Church Council meets.

# ROMSEY / LANCEFIELD SENIOR CITIZENS

Meet each Monday.

Come and enjoy lunch, a game of cards, indoor bowls or just a chat with a very friendly group of people. Bus trips arranged each month.

For details, please ring Rae Hooke on 54291602.

# SPLIT REDGUM FIREWOOD \$140 PCM

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### **Romsey Mechanics Institute**

PO Box 230 Romsey 3434, Victoria

rmibookings@gmail.com secretaryrmi@gmail.com

Mob; 0458 702 106 ABN: 99 340 024 758

We are very pleased to announce the success of our application for funds to the Macedon Ranges Shire Council grants scheme the "Community Funding Scheme". This \$6,000 grant will see the RMI one step closer to drawing up a master plan for the whole building. We will now apply to the "Putting Locals First" program for additional funds so that we will be able to tender for a consultant to assist us to draw up this plan.

The last four weeks have again been very busy. The CoM has had security lights installed at the rear of the hall. Hirers can now lock-up, turn off all the lights etc and leave the rear of the building knowing that they will be able to see their vehicles parked at the rear of the Institute. We have also had all the electrical leads and portable electrical items tested and tagged. This "Testing & Tagging" is required every twelve months. During these works we discovered the EXIT lights batteries were "on their last legs" so they were replaced as well, money well spent.

The recent spate of cold, damp weather has meant that we have not been able to paint our new doors. As soon as we can do this we will add a few pictures to show everyone just how great they look.

We are well aware of drainage problems to the north of the hall along the public walkway. The CoM is awaiting decisions from the Department of Environment and Primary Industry as to exactly what works will be approved to remedy this problem. Hopefully these works will commence in the very near future.

Over the next few months the CoM is planning to remove overgrown ivy and low branches from around the southern side of the building. These works will greatly increase the air flow helping the building to dry-out.

Please don't forget the RMI and the Romsey Neighbourhood House "Collectables" day on November 9<sup>th</sup>. If you have a collection of antique, retro or vintage pieces here is your opportunity to show them off. For more information please contact Gail on 0416 028 219.

The CoM strongly believes that we are here to serve the needs of the communities of Romsey and surrounding districts, so if you have a function coming up please consider the RMI.

Bookings and inquiries can be made at; rmibookings@gmail.com



St Paul's Romsey Anglican Guild invites you to...

## **SWING INTO SPRING**

at our Special Afternoon to hear Mr Ian Wallbridge Mission House Coordinator, Anglicare- Fitzroy

on Tuesday 16 SEPTEMBER 2014, 1.30pm

in the Christ Church, Hall Chauncy St Lancefield

Anglicare Victoria provides support to 70,000 children, young people and families every year.

Through a range of services, it works towards strengthening families and communities so they can protect and nurture the children within them.

Anglicare alleviates immediate hardship through services like emergency food and crisis accommodation, and builds capacity for sustainable living through programs like foster care, financial and legal counselling, parent education and group work.

The wider church and communities work in these areas also, so come and learn what is being done to support those Victorians less fortunate.

All Welcome! Donation: \$6 Raffle opportunity

RSVP 12/9/14: Glenice 5429-6418, Betty 5429-1597





### **Community News**

### Youth space activities in Term 3

Romsey, Kyneton and Gisborne Youth Spaces return for Term 3 from 15 July, for young people aged 12-18 years. What happens in our Youth Spaces? Programs and activities include Master Chef, stop-motion animation, scavenger hunts, games nights, movie marathons, Parkour, Mexican Fiestas and much, much more! Youth Spaces open weekly during school term as follows: Gisborne: Thursdays from 4pm-6pm, at Manaaki on Aitken St .Kyneton: Tuesdays from 4pm-6pm, behind the Town Hall on Hutton St.Romsey: Tuesdays from 4.30pm-6.30pm, at the Community Hub on Main St.

From Master Chef and Mexican fiestas to movie marathons and stop-motion animation, Youth Spaces offer something for everyone aged 12-18 in the shire.

Kyneton (Tuesdays 4-6pm), in the portable behind the **Town Hall** 

July 15 The Classic...Murder in the Dark

July 22 Scavenger hunt

July 29 Movie night (with popcorn of courseJ)

August 12 Gym and swim @ Kyneton Toyota Sports and **Aquatic Centre** 

August 19 Boxing and Yoga @ Kyneton Toyota Sports and Aquatic centre

August 26 Celebrity head

**September 2** Movie night with hot chips September 9 Churros and fondue supreme

September 16 End of term celebration

Romsey (Tuesdays 4.30-6.30pm)

July 15 FREE BBQ welcome back party July 22 PJ Party with Classic board games

July 29 Create your pizza

August 5 One minute to win it!

August 12 iToy play out

August 19 Get you fit on - Parkour

August 26 Master Chef fantastic

September 2 Scavenger hunt

September 9 Smoothies and movies

September 16 Popcorn comedy screening end of term celebration.

Gisborne (Thursdays, 4pm-6pm), Manaaki, Aiken St

July 17 Card games and tricks

July 24 Circus skills

**July 31** Tye-dye your tees

August 7 Master Chef Fantastic

August 14 Movie night

August 21 Session 1 Cake designing and creation

August 28 Session 2 Cake creation and decoration

September 4 Boxing session at Gisborne Fitness centre

September 11 Mexican fiesta

**September 18** End of term celebration

Youth Spaces are run by Macedon Ranges Shire Council. They are fully supervised and drug, alcohol and smokefree. For more information, head to facebook.com/ MacedonRangesYouth or contact Mim on 5422 0296 or mgrundy@mrsc.vic.gov.au

### **Entertainment at the Kyneton Town Hall**

Macedon Ranges Shire Council supports arts and cultural activities in our community through a colourful events, exhibition and workshop program. Upcoming events at the Kyneton Town Hall include:

"Barassi The Stage Show", Saturday 9 August at 8pm A uniquely Australian story about Ron Barrassi, the iconic Aussie Rules footballer and coach. Barassi takes audiences on a journey through footy history, crossing generations and suburban Melbourne clans. Tickets are \$25, \$22 for concession or \$20 each for groups of eight or more.

### "Kisstroyer", Friday 22 August at 8pm

A tribute show featuring classic songs like "God Gave Rock 'n Roll to You", authentic KISS costumes, over 15 KISS guitars, and a light up KISS logo and stairs. Book a table, grab your friends, dig out your glam rock outfits and bring along

**buytickets,** in person at Council service centres, or by contacting the box office on 1300 888 802.

some nibbles to share for a great night out of fun and music. Tickets are \$39.90 or \$34.90 each for concession/groups of eight or more. Tickets can be purchased online at mrsc.vic.gov.au/arts/



'For the right outcomes'

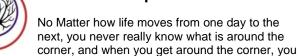
Maureen P. Wiltshire B.A., LL.B.

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# **Coffee Shop Conversations**



don't really know how you are going to deal with whatever life throws at you. That brings to mind our fight and flight response. A new study finds that our emotional responses to the stresses of daily life may predict our long-term mental health, according to a new study published in Psychological Science, a journal of the Association for Psychological Science. Credit: © HaywireMedia / Fotolia

Psychological scientist Susan Charles of the University of California, Irvine and colleagues conducted the study in order to answer a long-standing question: Do daily emotional experiences add up to make the straw that breaks the camel's back, or do these experiences make us stronger and provide an inoculation against later distress? Using data from two national surveys, the researchers examined the relationship between daily negative emotions and mental health outcomes ten years later. Participants' overall levels of negative emotions predicted psychological distress (e.g., feeling worthless, hopeless, nervous, and/or restless) and diagnosis of an emotional disorder like anxiety or depression a full decade after the emotions were initially measured. Participants' negative emotional responses to daily stressors - such as argument or a problem at work or home - predicted psychological distress and self-reported emotional disorder ten years later.

The researchers argue that a key strength of the study was their ability to tap a large, national community sample of participants who spanned a wide age range. The results were based on data from 711 participants, both men and women, who ranged in age from 25 to 74. They were all participants in two national, longitudinal survey studies: Midlife Development in the United States (MIDUS) and National Study of Daily Experiences (NSDE). According to Charles and her colleagues, these findings show that mental health outcomes aren't only affected by major life events - they also bear the impact of seemingly minor emotional experiences. The study suggests that chronic nature of these negative emotions in response to daily stressors can take a toll on long-term mental health.

This study brings me back to the purpose of my writings: that we need to change our thinking to live a happier more fulfilled life, and it is possible! It worked for me and now I have the tools to really help others.

Very soon I will be running a series of workshops around this issue, so keep your eyes posted, come along and "Be Empowered to live the life you deserve."

My Topics are: "From Crap to Happy", "3 Steps to Transformation"," Saying No And Loving It", "Change Your Thoughts Change Your Life".

Signing off for now Gillian from Life Circle Solutions, Be empowered to live the life you deserve! For more information phone 0409801082.

# Lancefield Romsey Little Athletics Centre

## 2014 - 2015 Season

Little Athletics is a uniquely Australian activity for children from 5 to 15 years. The emphasis is on fun, participation, personal performance, technique and getting involved with your family in physical and healthy activity. The motto of Little Athletics is 'Family, Fun and Fitness".

### Competition Days

Saturday Morning 8.45am start (approx. 2-3 hours depending on events)

**FAMILY FUN DAY & REGISTRATION** SATURDAY 4<sup>th</sup> OCTOBER

At Romsey Athletics Track, Park Lane, Romsey Come and give it a go

Info contact: Phone or text Kari Males-0417 104 821 or Adrienne Janky, President 0414 307165







DISPLAY EXHIBITORS WANTED



# Antique Collectables Display

with an Appraiser on site

(no jewellery, coins or stamps-bring a photo of larger items)

Do you have a collection of antique, retro or vintage pieces that you want to display?

Here is your opportunity to show it all at this new event.

Sunday 9th November 9am till 4pm

You can reserve a site for no cost

Limited Kids Collectables sites are also available

Public Admission will be by gold coin donation Contact Gail Middleton on 0416 028219 by

31st by August 2014 to reserve a site.



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### THE ANGLICAN PARISH OF CHRIST CHURCH,

### LANCEFIELD AND ST.PAUL'S, ROMSEY



If love makes the world go round, then hate turns the world upside down. Each morning we read of fresh atrocities in many parts of the world because hatred has taken root in the hearts and minds of men and women and even children. But this is not how God meant His creation to live with one another, rather it is how Satan, the Evil One, wants us to live. In Greek there are three different words for love - eros - romantic love; philia - brotherly love; agape - Christian love through Christ's living Presence. The indwelling Presence of His Holy Spirit gives believers the power to love, as Jesus loves. Jesus commanded believers to love one another, then to love our neighbours as ourselves, even our neighbours who may be completely different to us, of another race and culture and then He went another step further. He commanded us to love our enemies, even those who persecute us and spitefully use us. This is happening to Christians in our world right now, murdered, tortured, raped, churches and homes burnt down. Where does it all start? From sinful, fallen human nature sowing unworthy thoughts, leading to unkind words or snide remarks directed towards a person who is in some way different to us, then feelings deepen into greater acts of alienation. Imagine such behaviour happening in our quiet little town of Romsey - a hurtful remark, a stone thrown through your window, narrowly missing your head and smashing your T.V. set! Hard to imagine isn't it! It could happen! We need to be on our guard and careful to obey the command of Jesus to, "Do to others what you would have them do to you."

St.Francis of Assisi prayed, "Where there is hatred, let me sow love." Let us all by God's grace pray this prayer too. "This is love, not that we loved God but that He loved us and sent His Son as an atoning sacrifice for our sins. Dear friends, since God so loved us, we ought also to love one another." 1John 4::20-21.

### **JULY 2014 - IN RETROSPECT**

We farewelled our loved vicar of nearly four years, Rev. Bill Carroll at a dinner in the Lancefield Mechanics Hall at the end of June

where he was presented with a lovely Alpaca rug and an interesting small clock made by a Mr. W. Carroll. The clock was set in a rejuvenated old tram red gum block used on tram lines. Rev. Bill has returned to his home in Coff's Harbour and is recovering now from the first of three operations he has to

Our Church and community were deeply shocked by the accidental death of Elaine and George Lobb's beloved son, David, at Rochester. Our love and sympathy goes out to them and all the family and our prayers that the God of all comfort will comfort them in this time of distress.

A.M.S., the men's group, enjoyed a snooker evening at Mrs. Marj Davis's home

We were pleased to welcome the Rev. Graham Perkins and his wife, Ros, into our Parish family to conduct our services for this

### **AUGUST DIARY**

August is SNOWBALL month and A.M.S. is selling bags @ \$2 each for their Bill Brady Welfare Fund.

Diocesan A.M.S. had a very successful Book Fair at Oakleigh raising over \$4000 for the Welfare Fund.

Thursday 21st August at 1.30pm The Guild meets at Mrs. F. Carter's home. Monegeetta. E

nguiries to Glenice 5429-6418.

### Thurs,16th September 1,30pm Special Afternoon.

Speaker: Mr. Ian Wallbridge, Mission House. Coordinator of Anglicare. Donation \$6. Raffle. Supporting Victoria's needy. Service Times.

St.Paul's Romsey, Main St. 9am.

### HOLY COMMUNION.

Christ Church Chauncey St. Lancefield. 10.30am. HOLY COM-MUNION.

Office No. 5429-1380

### Romsey **Toy Library** discover - imagine - play Located @ Romsey Library

### **Open Sessions**

Wednesday - 3.30pm to 4.30pm Saturday - 10.00am to 11.00am \*\*Closed for School Holidays\*\*

### Extend your Child's play opportunities 4 learning experiences

Providing children with a variety of quality toys, games & equipment to borrow.

Suitable from birth to the first years of Primary School.

### Membership Fees

Family Membership \$35 Grandparent membership \$25 Playgroup Member discount \$25

### **Enquires**

Hannah - 0401 085 125 or romseytoylibrary@gmail.com





# St. Mary's Parish - Lancefield & Romsey 27-29 Chauncey St, Lancefield &

### 85 Main Rd, Romsey Parish Priest:

Fr. Arnold Heredia 5429 2130 Presbytery: **Pastoral Associate:** Mrs. Joanne Reuther Presbytery: 5429 2130 School Principal: Mr. Anthony Falls St. Mary's 5429 1359 Primary School

### **MASS TIMES**

### Saturday:

6.00 p.m. Lancefield

1<sup>st</sup> & 3<sup>rd</sup> Sunday of the month:

8.00 a.m. Lancefield and 10.00 a.m. Romsey

2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sunday of the month:

8.00 a.m. Romsey and 10.00 a.m. Lancefield

### RECONCILIATION

### (NOT DURING AUGUST & SEPTEMBER)

Saturdays 9.45am Romsey & 5.45pm Lancefield.

### **BAPTISMS**

February, April, June, August, October, December. For more information, please phone 5429 2130.

### **REGULAR EVENTS**

**SVDP Drop-In:** First Thursday of each month, 10.30 a.m. to 4.00 p.m., St. Mary's Church Hall, Romsey. All welcome to come for a game of cards/chat and free lunch.

BINGO: There will be no Bingo until September 4<sup>th</sup> 2014.

### PARISH FEAST DAY

Keep Sunday 14th September free as we celebrate our Parish Feast Day following the 10am Mass at Lancefield.

### ANNUAL ECUMENICAL SERVICE Sun 3<sup>rd</sup> August 2014

Our combined Annual Ecumenical Service this year will be hosted by the Encourage Church: 7 Mitchell Court, Romsey. The Service commences at 10.00am. We encourage our Parishioners to join in and celebrate this Service with our fellow Christians. Please bring a plate and food to share over a fellowship luncheon. Please note: We will still have our 10.00am Mass at Romsev



### St Mary's Primary School News

Years 3 and 4 Expo 'Simple Machines'

The year 3/4 students presented the simple machines they have made as part of their inquiry unit. Each simple machine needed 2 specific simple machines within it. e.g. Pulley,

screw, wheel, wedge



Gemma McMaster-King with her simple machine Tahlia Binney and Eliza Newnham creating their simple machine

Parents and Friends News. Upcoming events: Trivia Night: 13<sup>th</sup> September

St Mary's Lancefield Hall. Drive in/Fireworks night 15th November at the Lancefield Park.

Michael O'Gorman dropped in at an assembly with Piggy to give show bags to the Prep students.



🔼 Bendigo Bank

11



### First Holy Communion

Congratulations to the children who received the Sacrament of First Holy Communion on Sunday 15<sup>th</sup> June. Thank you to the parents, students, teachers, Joanne Reuther and Fr Arnold. The ceremony took place in our hall and

allowed the children to celebrate the Sacrament together. We look forward to the students joining in weekend Masses.

### Prep Tov Incursion.

The Preps attended a workshop during which they learnt about toys from years gone by. They discovered that dolls are one of the oldest toys, originally being made from sticks. During the session students played with a variety of toys using skills such as construction and imagination. This incursion has given the Preps lots of inspiration for the toys they're making with their buddies.



# Romsey Neighbourhood House Inc.

Check Out August ....

And get involved!



96-100 Main St, Romsey, Vic, 3434.

Phone 54296724

Email: romseyhouse@bigpond.Com

Office hours: Monday , Wednesday and Friday 10am to 1pm

# WHOLE TOWN GARAGE SALE

### START PREPARING

The Annual Garage Sale is happening on Saturday 13th September.

To get your hame on the list, call at the Neighbourhood House. Cost is only \$5 to register and we will sell maps on the day to bring the buyers to your door.

Do you have a collection of antique, retro or vintage pieces that you would like to display?

### Antiques and

Collectables Display

At the Romsey Mechanics Institute

Sunday 9th November 2014

9am till 4pm

You can reserve a site for no cost Contact Gail Middleton on 0416 028219

Romsey Neighbourhood House is currently involved in developing in Partnership with Lancefield Neighbourhood House and other community groups a "STREET CONNECT" program. This is about getting back to basics and getting to know your neighbours and living in a collaborative, connected, supportive and strong community. If you would like to know more contact Viv on 54292 337 at Lancefield.

# Morning Tea Group



Friday 15th August at 10:30 am

Tea, coffee and great company provided. Come and meet with others in your community.

### Do you want to Help at the House

Would you like to be more connected with the Romsey Community?

The Neighbourhood House can help.

### Monday Reiki Sessions

With Oksana.

These sessions are proving incredibly popular!

If you would like to book an hour session please call the house during office hours.

Cost \$20

### ...... At A Glance .....

Yogą		
YogąThursday2_s-aopm\$zs casual/\$z5 in full.		
Gentle ExerciseMonday20-11am\$5 per class.		
Sun Style Tai ChiTuesday2-2pm\$20perclass.		
Children's art ClassesTue/Weda:45-4:45 \$80 for 8 weeks.		
Craft groupTuesday 12-ao-aopm\$ Gold coin.		
Art GroupFriday2-ao-9-aopm\$Gold coin.		
Garden Club3rd Tuesday (10am Can Vary)\$2		



# It's not just a home loan. It's the start of something bigger.

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Drop into your nearest branch at 20A High St Lancefield - 5429 1977 or 1/112 Main St Romsey 5429 5526 to find out more.



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